

Daily Schedule For Casa

8:30 – 9:00

Activity Time/Free Play
Lego, Blocks, Colouring, Activities and/or Practical Life

9:00-9:30

National Anthem (English and French), Good morning song,
Morning Circle – Calendar, weather, theme of the week, public speaking, Practical Life Activities

9:30 – 10:00

Washroom Time & Snack Time

10:00 - 11:00

Outdoors

Children will participate in a warm up (stretching, easy movement) followed by various activities (strength, endurance) and then games or activities that promote a particular skill.

11:00 - 11:45

Montessori Work Period

Children work at their own pace with the language,
math, sensorial and practical life activities, as well as with their workbooks or worksheets.

12:00 - 1:00

Supervised Lunch and rest/quiet time (free play activities and/or practical life)

1:00 - 2:00

Montessori Work Period

Children work at their own pace with the language,
math, sensorial and practical life activities, as well as with their workbooks or worksheets.

2:00 - 3:00

Washroom Time & Snack Time

Arts & Crafts

3:00 - 4:00

Outdoors

Children will participate in a warm up (stretching, easy movement) followed by various activities (strength, endurance) and then games or activities that promote a particular skill.