

Daily Schedule For Preparatory

8:30 – 9:00

Activity Time/Free Play
Lego, Blocks, Colouring, Activities and/or Practical Life

9:00-9:30

National Anthem (English and French), Good morning song
Morning Circle – Calendar, weather, theme of the week, public speaking

9:30-10:00

Washroom Time and Snack Time

10:00-11:00

Montessori Work Period
Children work at their own pace with the language,
math, sensorial and practical life activities, as well as with their workbooks or worksheets.

11:00 – 12:00

Outdoors

Children will participate in a warm up (stretching, easy movement) followed by various activities (strength, endurance) and then games or activities that promote a particular skill.

12:00-2:00

Supervised Lunch and quiet time (free play activities and/or practical life)

2:00-3:00

Outdoors

Children will participate in a warm up (stretching, easy movement) followed by various activities (strength, endurance) and then games or activities that promote a particular skill.

3:00-3:30

Washroom Time & Snack Time

3:30-4:15

Montessori Work Period
Children work at their own pace with the language,
math, sensorial and practical life activities, as well as with their workbooks or worksheets.