

# Daily Lesson Plan For Pre-Casa Class

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## 7:30 – 9:00

-Before School Program-  
Activity Time, Free Play, Lego, Blocks, Colouring, Activities, Songs, Etc.

## 9:00 - 9:20

National Anthem (English and French), Good morning song,  
Circle Time/Montessori Work Period – Calendar, weather, theme of the week, public speaking etc.

## 9:20 - 9:40

French Lessons

## 9:40 - 10:00

Washroom Time and Snack Time

## 10:00 - 11:00

-Montessori Work Period-  
Children work at their own pace with the language,  
math, sensorial and practical life activities, as well as with their workbooks or worksheets.

## 11:00 – 12:00

Outdoors

Children will participate in a warm up (Stretching, easy movement) followed by various activities (strength, endurance) and then games or activities that promote a particular skill.

## 12:00 - 2:30

Supervised Lunch and Nap Time

## 2:30 - 3:30

Outdoors

Children will participate in a warm up (Stretching, easy movement) followed by various activities (strength, endurance) and then games or activities that promote a particular skill.

## 3:30 - 4:00

Washroom Time & Snack Time

-Montessori Work Period-

Children work at their own pace with the language,  
math, sensorial and practical life activities, as well as with their workbooks or worksheets.

## 4:00 – 6:00

-After School Program-

Activity Time, Free Play, Legos, Blocks, Colouring, Activities, Songs, Etc.